



BOOK 39
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AMHERST COUNTY
BOARD OF SUPERVISORS

Board of Supervisors

Drew Wade, Chair
District 5
Claudia Tucker, Vice-Chair
District 2
David W. Pugh, Jr., Supervisor
District 4
Tom Martin, Supervisor
District 1
Chris Adams, Supervisor
District 3

MINUTES

March 5, 2024
Administration Building - 153 Washington
Street - Public Meeting Room
Amherst, Virginia 24521
Meeting Convened - 3:00 PM

County Administrator
Jeremy Bryant

County Attorney
Mark Popovich

I. Call to Order

At a regular meeting of the Amherst County Board of Supervisors held on March 5, 2024, at 3:00 p.m., the following members were present:

BOARD OF SUPERVISORS:

Drew Wade, Chair
Claudia D. Tucker, Vice-Chair
David W. Pugh, Jr., Supervisor
Tom Martin, Supervisor
Chris Adams, Supervisor

ABSENT: None

STAFF:

Jeremy S. Bryant, County Administrator
Stacey McBride, Deputy County Administrator/Finance Director
Mark Popovich, County Attorney
Kristen Freeman, Clerk

Chairman Wade called the meeting to order at 3:00 p.m.

NOTE: All Board of Supervisors' meetings are now being streamed live on Facebook and on YouTube.

II. Approval of Agenda

By motion of Supervisor Adams and with the following vote, the Board approved the agenda.

AYE: Mr. Wade, Mrs. Tucker, Mr. Pugh, Mr. Martin, Mr. Adams

NAY: None

ABSENT: None

III. Invocation and Pledge of Allegiance

Chairman Wade led the Invocation and Vice-Chair Tucker led the Pledge of Allegiance.

IV. Citizen Comment

Michael Bryant addressed the Board regarding Personal Property taxes.

V. Ordinance - First Read

A. Ordinance 2023-11 - MU-TND District and Access Roads

The Planning and Zoning division recently received a request from Perkins and Orrison on behalf of Rown Holdings, LLC for a revision to the County's Mixed-Use/Traditional Neighborhood (MU/TND) Zoning District. Staff worked with the applicant and developed standards for access roads in the Mixed Use/Traditional Neighborhood District. These standards include the following:

- Multi-family dwellings would be allowed to be setback off an access drive instead of a public right-of-way, plaza or square.
- Parking shall not be permitted between access roads and public right-of-ways.
- On-street parking shall be permitted on access roads.
- Access roads must be landscaped per section 1605 on both sides.
- All multifamily dwellings that front along an access drive shall provide pedestrian connectivity from the principal structure to the public right-of-way.

By motion of Supervisor Martin and with the following vote, the Board directed staff to advertise Ordinance 2023-11 for a public hearing on March 19, 2024.

AYE: Mr. Wade, Mrs. Tucker, Mr. Pugh, Mr. Martin, Mr. Adams

NAY: None

ABSENT: None

B. Ordinance 2024-1 - Solar

The Amherst County Planning Commission has worked diligently on the County's utility-scale solar ordinance. The Commission held a workshop in August 2023 and have developed the attached ordinance and comprehensive plan language.

By motion of Supervisor Martin and with the following vote, the Board directed staff to advertise Ordinance 2024-1 and the proposed Comprehensive Plan revisions for public hearing on March 19, 2024

AYE: Mr. Wade, Mrs. Tucker, Mr. Pugh, Mr. Martin, Mr. Adams

NAY: None

ABSENT: None

C. Ordinance 2024-2 - Public Safety

The Board of Supervisors, at its special meeting of February 7, 2024, requested that the County Attorney and staff develop certain necessary ordinance revisions for consideration and review by the Board as a result of recommendations set forth in the Amherst County Fire & EMS Study.

By motion of Chairman Wade and with the following vote, the Board voted to table this item and bring it back at the April 2, 2024, meeting.

AYE: Mr. Wade, Mrs. Tucker, Mr. Pugh, Mr. Martin, Mr. Adams

NAY: None

ABSENT: None

VI. Consent Agenda

By motion of Supervisor Martin and with the following vote, the Board approved the Consent Agenda for March 5, 2024.

AYE: Mr. Wade, Mrs. Tucker, Mr. Pugh, Mr. Martin, Mr. Adams

NAY: None

ABSENT: None

A. Minutes - February 20, 2024

It was moved that the Board adopt the minutes from February 20, 2024.

VII. Special Presentation

A. Horizon Behavioral Health - Annual Report

The Board received an annual report from Melissa Lucy, Chief Executive Officer of Horizon Behavioral Health. (See Attachment 1)

VIII. New Business

A. Purchase Contract - Ambler Farm

By motion of Vice-Chair Tucker and with the following vote, the Board approved the proposed Real Estate Purchase Contract, authorized the County Administrator to execute the same, directed and authorized the County Administrator to execute any and all other documents necessary to effectuate the purchase of said property, and appropriated the \$300,000 to complete the purchase from the Unobligated General Fund Balance.

AYE: Mr. Wade, Mrs. Tucker, Mr. Pugh, Mr. Martin, Mr. Adams

NAY: None

ABSENT: None

B. FY2025 Employee Dental and Vision Insurance Renewal

By motion of Supervisor Adams and with the following vote, the Board directed staff to contract with Delta Dental and Anthem Vision for employee dental and vision insurance coverage for the FY2025 plan year.

AYE: Mr. Wade, Mrs. Tucker, Mr. Pugh, Mr. Martin, Mr. Adams

NAY: None

ABSENT: None

C. Gateway Entrance Sign Replacement

By motion of Supervisor Adams and with the following vote, the Board appropriated \$6,700 from the Unobligated General Fund Balance to replace the County entry sign on Route 151.

AYE: Mr. Wade, Mrs. Tucker, Mr. Pugh, Mr. Martin, Mr. Adams

NAY: None

ABSENT: None

D. Sheriff Appropriation Request for Fleet Vehicle Funding

By motion of Supervisor Adams and with the following vote, the Board appropriated \$200,000 from the Unobligated General Fund Balance into the Sheriff's budget for fleet vehicle purchases.

AYE: Mr. Wade, Mrs. Tucker, Mr. Pugh, Mr. Martin, Mr. Adams

NAY: None

ABSENT: None

IX. County Administrator's Report

A. Boards/Commissions/Committees - Board of Zoning Appeals

By motion of Supervisor Martin and with the following vote, the Board recommended to the Circuit Court appointment of Dr. Michael Fitzgerald to the Board of Zoning Appeals for a five-year term.

AYE: Mr. Wade, Mrs. Tucker, Mr. Pugh, Mr. Martin, Mr. Adams

NAY: None

ABSENT: None

B. Boards/Commissions/Committees - Agriculture Committee

By motion of Vice-Chair Tucker and with the following vote, the Board appointed Ms. Meredith Newman to serve a three-year term.

AYE: Mr. Wade, Mrs. Tucker, Mr. Pugh, Mr. Martin, Mr. Adams

NAY: None

ABSENT: None

X. County Attorney's Report

The County Attorney had no matter to discuss.

XI. Citizen Comment

There was no public comment.

XII. Matters from Members of the Board of Supervisors

Chair Wade had no matter to discuss.

Vice-Chair Tucker had no matter to discuss.

Supervisor Pugh had no matter to discuss.

Supervisor Martin reported of a citizen complaint made regarding abandoned junk vehicles on Mt. Horeb Rd, Sheriff Ayers spoke up and said his department is aware of this and is handling the concern. Mr. Martin also stated there seems to be some confusion regarding landfill fees and monthly trash allowance each citizen gets, Mr. Martin requested that the Board receive a briefing at their next meeting regarding those items.

Supervisor Adams had no matter to discuss.

XIII. Closed Session

- A. A closed session pursuant to § 2.2-3711 (A)(8) of the Code of Virginia, 1950, as amended, for the purpose of consultation with legal counsel employed or retained by the County regarding specific legal matters requiring the provision of legal advice by such counsel regarding the Winton Country Club.

Supervisor Martin motioned to go into closed session and was approved with the following vote:

AYE: Mr. Wade, Mrs. Tucker, Mr. Pugh, Mr. Martin, and Mr. Adams

NAY: None

ABSENT: None

Supervisor Martin motioned to come out of closed session and was approved with the following vote:

AYE: Mr. Wade, Mrs. Tucker, Mr. Pugh, Mr. Martin, and Mr. Adams

NAY: None

ABSENT: None

- B. A closed session pursuant to VA Code Section 2.2-3711, Subsection (A)(3), for the purpose of discussion related to consideration of the acquisition of real property for a public purpose, or of the disposition of publicly held real property, where discussion in an open meeting would adversely affect the bargaining position or negotiating strategy of the public body, specifically related to the acquisition of property located in District 3.

Supervisor Martin motioned to go into closed session and was approved with the following vote:

AYE: Mr. Wade, Mrs. Tucker, Mr. Pugh, and Mr. Martin

NAY: None

ABSENT: Mr. Adams from this matter

Supervisor Martin motioned to come out of closed session and was approved with the following vote:

AYE: Mr. Wade, Mrs. Tucker, Mr. Pugh, and Mr. Martin

NAY: None

ABSENT: Mr. Adams from this matter

XIV. Certification of Closed Session

CERTIFICATION OF CLOSED MEETING

I move that the Amherst County Board of Supervisors certify by a recorded vote that, to the best of each Board member's knowledge, only public business matters lawfully exempted from the open meeting requirements of the Virginia Freedom of Information Act and identified in the motion authorizing the closed session were heard, discussed, or considered in the closed session.

Mr. Wade: AYE

Mrs. Tucker: AYE

Mr. Pugh: AYE

Mr. Martin: AYE

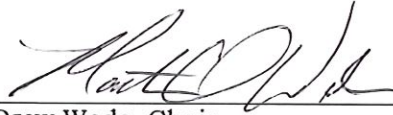
Mr. Adams: AYE

XV. Adjournment

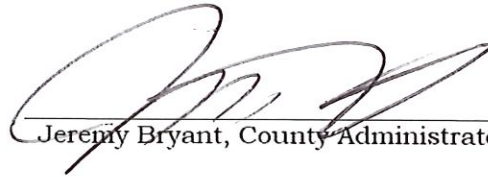
By motion of Chairman Wade and with the following vote, the Board adjourned at 4:44 pm.

AYE: Mr. Wade, Mrs. Tucker, Mr. Pugh, Mr. Martin, and Mr. Adams

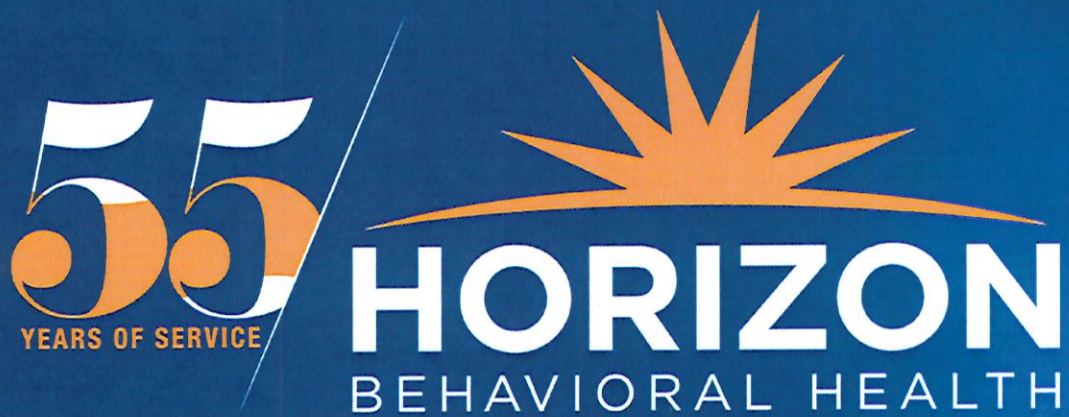
NAY: None
ABSENT: None

A handwritten signature in dark ink, appearing to read 'Drew Wade', written over a horizontal line.

Drew Wade, Chair
Amherst County Board of Supervisors

A handwritten signature in dark ink, appearing to read 'Jeremy Bryant', written over a horizontal line.

Jeremy Bryant, County Administrator



Quality Care, Across the Lifespan

Presented by Melissa Lucy
Chief Executive Officer
Horizon Behavioral Health



www.horizonbh.org

CARE
BEST
LYNCHBURG
2024



OUR VISION

To provide behavioral healthcare services that are accessible, consumer centered, cost effective, and outcome-based.

OUR MISSION

To support and promote the health, independence and self-worth of individuals and families in Central Virginia by providing a continuum of community-based treatment, prevention, early intervention, and aftercare services for persons affected by mental health, intellectual disabilities, substance use and co-occurring disorders.

HORIZON

PORTFOLIO OF SERVICES

Case Management | Emergency
Housing | Outpatient | Prevention
Primary Care | Psychiatric | School-Based

HORIZON'S BOARD OF DIRECTORS

Consists of 11 members representing 5 localities in Central Virginia:
Amherst, Appomattox, Bedford, Campbell, and Lynchburg.



Horizon's Impact on Hospital Readmission



HORIZON PROGRAMS WITH DIRECT IMPACT

- Same Day Access
- Crisis Intervention
- Crisis Stabilization
- Emergency Services
- On-Site Pharmacies
- Multisystemic Therapy (MST)
- Program of Assertive Community Treatment (PACT)
- Regional Partnerships

HORIZON PROGRAMS WITH INDIRECT IMPACT

- Case Management
- On-Site Primary Care Provision
- Same-Day Assessments

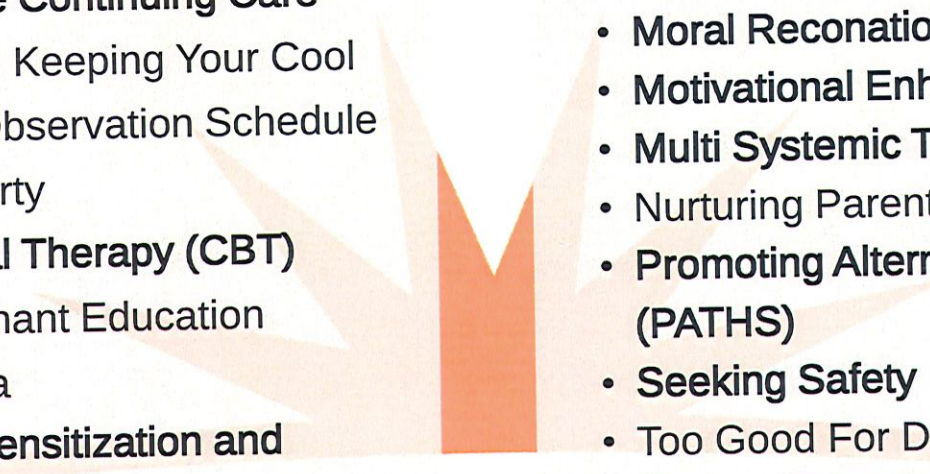
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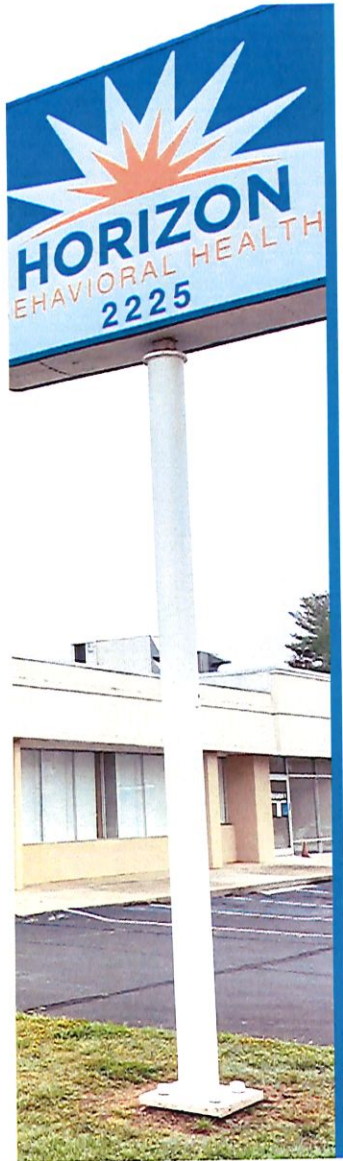


"It was a pleasure discussing my medication management plan and explaining my past to her [Horizon Psychiatric Provider]. She was compassionate and understanding and listened thoroughly to everything I said. I felt heard and understood and trust her expertise with my care moving forward."

- Horizon Client

EVIDENCE BASED PROGRAMS

- 
- **Acceptance and Commitment Therapy**
 - **Adolescent Community Reinforcement Approach / Assertive Continuing Care**
 - **Anger Management: Keeping Your Cool**
 - **Autism Diagnostic Observation Schedule**
 - **Bridges Out of Poverty**
 - **Cognitive Behavioral Therapy (CBT)**
 - **Counter Tools Merchant Education**
 - **Early Impact Virginia**
 - **Eye Movement Desensitization and Reprocessing (EMDR)**
 - **Hidden in Plain Sight**
 - **Illness Management & Recovery (IMR)**
 - **Lions Quest: Positive Life Skills**
 - **Matrix Model**
 - **Moral Reconciliation Therapy (MRT)**
 - **Motivational Enhancement Therapy**
 - **Multi Systemic Therapy (MST)**
 - **Nurturing Parenting**
 - **Promoting Alternative Thinking Strategies (PATHS)**
 - **Seeking Safety**
 - **Too Good For Drugs**
 - **Trauma Focused Cognitive Behavioral Therapy**



FY 2023 OUTCOMES

CLIENTS SERVED

12,125 Total Clients Served
8,993 Adults Served
3,132 Children Served

SERVICE TYPES

44,886 telehealth appointments provided to accommodate client preferences using virtual meeting technology, removing major barriers to access for many clients.

61,802 in-person appointments provided for a total of
106,688 appointments provided in fiscal year 2023.

COMMUNITY ENGAGEMENT

14,736 Engaged with Prevention
6,748 Enrolled in Treatment
205 Residents Tested for HIV
131 Residents Tested for HEP-C





FY 2023 OUTCOMES

ADMISSIONS

4,350 Evidence-based intake/assessments provided to new clients.

CASE MANAGEMENT

5,043 People served by our case management team.

EMERGENCY

1,512 People served by our emergency services team.

HOUSING

36 People served in our Intermediate Care Facilities.

27 People served by our Permanent Supportive Housing program.

OUTPATIENT

3,068 People served by our outpatient clinicians.

PREVENTION

14,736 People engaged with prevention services and/or resources.

PRIMARY CARE

679 People provided primary care services following admission.

PSYCHIATRIC

3,858 People served by our psychiatric care professionals.

SCHOOL BASED

679 Students served by our school-based team.



FY 2023 OUTCOMES

INTENSIVE TREATMENT PROGRAMS

WOMEN'S RECOVERY RESIDENCE

A comprehensive, intensive addiction treatment program with an 8-bed capacity.

95%

of clients showed improvement at time of discharge in presenting problem, education, employment, healthcare, and safe/stable housing.



MULTISYSTEMIC THERAPY (MST)

97%

of youth with improved family relations and network of supports.

100%

of youth in school and/or working.

97%

of family members with parenting skills necessary to handle future problems.

PROGRAM OF ASSERTIVE COMMUNITY TREATMENT (PACT)

An intensive, community-based treatment model for individuals with a severe mental health diagnosis.

100%

of clients in Lynchburg discharged successfully.



YOUR COMMUNITY / AMHERST

Impacting your community, with your contribution.

COUNTY	CHILDREN	ADULTS	LOCALITY CONTRIBUTION FY2024	LOCALITY CONTRIBUTION PER UNINSURED CLIENT SERVED / MONTH *
Amherst	409	1,114	\$164,410.00	\$79.20 *

*With your contribution, the average uninsured client receives a combination of one or more services, such as Case Management Services at the rate of \$326.50 per month and Outpatient Therapy at an average rate of \$292 per month, for as low as \$79.20 per month.

Providing quality care, close to home.



FY23 KEY PREVENTION INITIATIVES

PRESCRIPTION DRUG COLLECTION

635.9 lbs.

Collected in
partnership with
local law
enforcement.

LOCK & TALK

155

Medication Lock
Boxes Distributed

649

Med. Disposal Bags

156

Gun Trigger &
Cable Locks

UNDERSTANDING ADVERSE CHILDHOOD EXPERIENCES (ACES) TRAINING

284

Residents trained
to identify,
understand, and
respond to ACEs.

REVIVE OPIOID OVERDOSE RESPONSE

209

Residents trained in
emergency
response with life-
saving Naloxone.



KEY CLINICAL INITIATIVES

Grant To Benefit Homeless Individuals

OVERVIEW

- The goal is to support a community infrastructure that integrates Substance Use Disorder (SUD) treatment, housing services, and other critical services for individuals and families, including youth (Ages 12-25), experiencing homelessness (SAMHSA).
- Funded by the Substance Abuse and Mental Health Services Administration (SAMHSA).
- Ability to provide outreach and engagement, screening and same-day assessment, treatment, case management, peer recovery support, and location of permanent housing, among other specialty services.

GRANT YEAR 1 OUTCOMES

- 73 homeless adolescents, families and adults served.
- 4 individuals/families placed in immediate transitional housing.
- 35 individuals permanently housed.



KEY CLINICAL INITIATIVES

Permanent Supportive Housing Grant

OVERVIEW

- The goal is to help participants diagnosed with a Severe Mental Illness to secure and maintain affordable housing with coordinated access to services to ensure successful tenancy and reduce the severity of mental illness symptoms and medical problems.
- Funded by The Department of Behavioral Health and Developmental Services (DBHDS).
- Capacity to support 30 individuals living with Severe Mental Illness (SMI).
- The program provides a rental subsidy for housing, support for utilities and support to establish a household.

PROGRAM OUTCOMES

- Successful year one implementation achieved.
- 27 individuals and/or families engaged.
- 23 individuals and/or families permanently housed.
- 4 individuals and/or their families receiving temporary housing accommodations.

“



“After I got out of jail, I was homeless, jumping from couch to couch. My sister didn’t have the room for me, [and] my mom couldn’t keep the lights on. I was ready to give up, ready to quit, and then when I got the phone call from Horizon, I actually started crying. They found me a place to live. It was such a relief to know I would no longer have to wake up in the middle of the night without power or water. I would have given up a long time ago had it not been for Horizon and all that they did to support me.”

- Horizon Client, Permanent Supportive Housing Program

KEY CLINICAL INITIATIVES IN AMHERST

Health Resources And Services Administration (HRSA) Grant

OVERVIEW

- \$800,000 provided through a Federal Health Grant to establish extended outreach and treatment in rural, Central Virginia.
- Utilization of Evidence Based Illness Management and Recovery (IMR) Treatment Model.
- Four-year grant slotted to serve 150 clients in Amherst and Bedford Counties to address rural health disparities in Central Virginia.
- Eligibility: individuals 18+ years, have a serious mental illness diagnosis and are a resident of Amherst or Bedford County.

FISCAL YEAR 2023 OUTCOMES

- 119 individuals enrolled, to date.
- 91% of enrolled clients avoided psychiatric hospitalization.
- 93% report increased coping skills.
- 3 of 4 individuals are taking psychotropic medication as directed and report improved social connectedness.

“



“My experience with Illness Management Recovery (IMR) [Treatment] was very helpful, not only to my mental health but my well-being as well. It gave me tips and tools to use when I feel I'm going to be depressed. It also [showed me how] to look for stressors and [know] how to deal with them.”

- Horizon Client

“The Illness Management Recovery (IMR) program has helped me grow and mature. It gives me strength and has helped me to believe in myself.”

- Horizon Client

KEY CLINICAL INITIATIVES IN AMHERST

On Campus Services at Sweet Briar College

OVERVIEW

- All students have access to mental health care through daily walk-in crisis support, individual counseling, and 24/7 on call support.
- Educational groups are provided by Horizon, as needed, to address topics requested by students.
- In fiscal year 2023, an evidence-based Seeking Safety group was offered to all students to support increased learning of emotional regulation skills to address symptoms related to mood disorders, trauma, and substance use.



FISCAL YEAR 2023 OUTCOMES

- 139 students served in the 2022-2023 academic school year.
- 98 students utilized the on-campus walk-in clinic.
- 1,109 appointments provided to students.

KEY CLINICAL INITIATIVES IN AMHERST

Amherst County Adult Detention Center

OVERVIEW

- Program established in 2009.
- Horizon provides counseling services to inmates at the Amherst County Adult Detention Center on a weekly basis.
- Upon release from jail, clients are offered transitional case management services and additional support to help them establish a residence, employment and other basic needs immediately following their release.

FISCAL YEAR 2023 OUTCOMES

- 100% of individuals connected with Horizon services in the jail are screened for eligibility and referred to appropriate services post-discharge.
- 95% of clients with identified needs are linked to post-release services prior to release from jail or detention.

CRISIS INTERVENTION TEAM (CIT)

COMMUNITY PARTNERS TRAINED

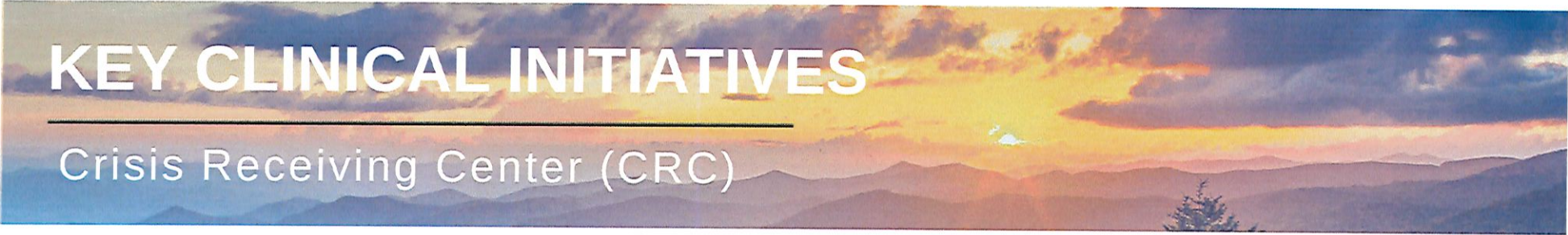
- All law enforcement jurisdictions serving Amherst, Appomattox, Bedford, and Campbell Counties and the City of Lynchburg
- Blueridge Regional Jail
- Blueridge Emergency Medical Services (EMS)
- Centra Health Security
- Central Virginia Criminal Justice Academy
- Community Access Network
- Liberty University Police Department
- Lynchburg Fire Department
- Randolph College, Campus Safety & Security
- School Resource Officers
- State Police
- Sweet Briar College, Campus Safety & Security
- University of Lynchburg, Campus Safety & Security
- Allied Mental Health Professionals

PURPOSE

- The lack of mental health crisis services across the U.S. has resulted in law enforcement officers serving as first responders to most crises, including mental health related crises.
- The Crisis Intervention Training (CIT) program is an innovative, community-based approach to improve the outcomes of these encounters.

FISCAL YEAR 2023 OUTCOMES

- 100 individuals CIT trained.
- 96% of cases with no reportable injuries to an officer, individual being served, or bystander after Crisis Intervention Team involvement.
- 430 clients served by the Crisis Intervention Team.



KEY CLINICAL INITIATIVES

Crisis Receiving Center (CRC)

OVERVIEW

The CRC will provide multiple treatment options for individuals experiencing a mental health crisis including those that are placed under an Emergency Custody Order or a Temporary Detention Order. Services offered will include walk-in mental health evaluation, 23-hour observation, residential crisis stabilization, and detox services.

PROJECT PROGRESS UPDATE

- 1. Acquisition – Crisis Receiving Center property acquired on August 9, 2023.**
- 2. Construction – Documents received from architect on December 8, 2023.**
- 3. Procurement – Preparation of contractor prequalification documentation underway.**
- 4. Project Completion Target – Q4 (April – June) Fiscal Year 2025.**



WHAT'S NEXT ON THE HORIZON

CRISIS
RECEIVING
CENTER

HORIZON'S
55TH
ANNIVERSARY

ADOLESCENT
SUBSTANCE USE
TREATMENT
IN AMHERST
COUNTY



Follow Us On Social Media

Horizon is dedicated to building safe and healthy communities
in person and online.





Melissa Lucy, CEO
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